

COVID-19 QUARANTINE UPDATE

Based on new information the following changes have been made to COVID-19 quarantine.

CDC & DHS continue to recommend a 14 day quarantine.



14 Day Quarantine Alternatives

7 Day Quarantine



No symptoms



Have a negative test

- Testing on day 6 or 7

8

Go back to work or school on day 8



Continue to monitor symptoms for the full 14 days



If you develop symptoms isolate and get tested

10 Day Quarantine



No symptoms

11

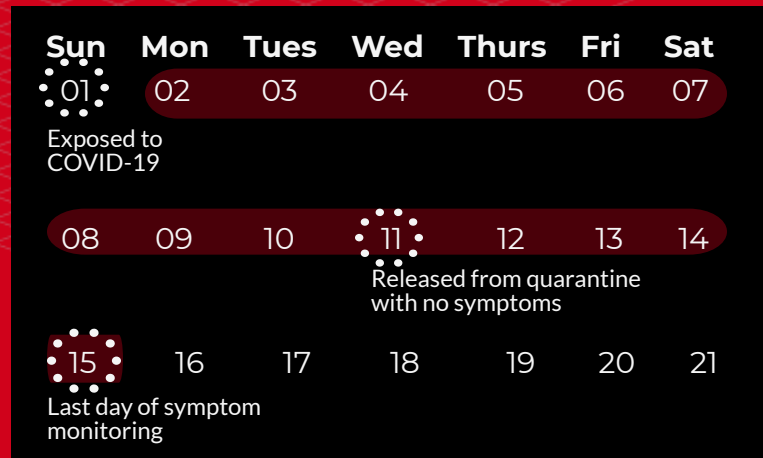
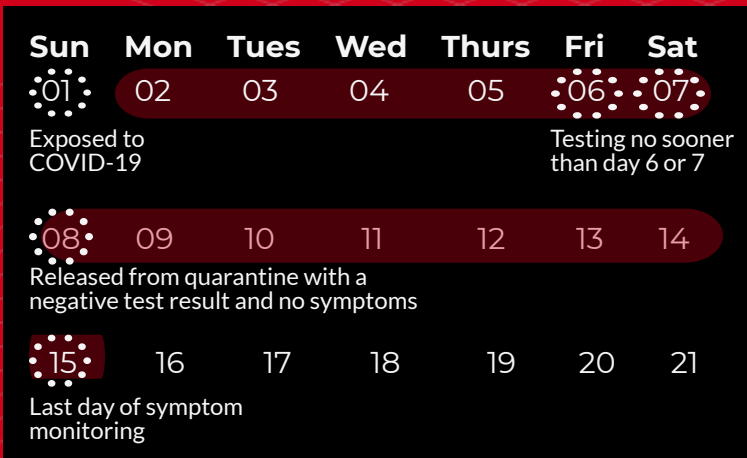
Go back to work or school on day 11



Continue to monitor symptoms for the full 14 days



If you develop symptoms isolate and get tested



Continue to follow COVID-19 precautions including wearing a mask, physically distancing, and avoiding gatherings.

Healthcare workers must continue to follow guidance in DHS HAN #18 and #22

